

The Whole Tooth



BRUCEGATE
DENTAL PRACTICE

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Brucegate Dental Practice Welcomes New Dentist

Brucegate Dental Practice welcomes Dr Louise Allison to the practice. She graduated from Newcastle University in 1990 and has worked in NHS and private practice in Northumberland and the Newcastle area. She has extensive experience in restorative, surgical and cosmetic dentistry.

Louise was brought up in Newcastle and spent much of her childhood holidays caravanning at Bamburgh and as a member of North Northumberland Pony Club. She lives near Ponteland with her partner Pete and 14 year old son, Jamie.



New Developments with Stem Cells From Teeth

These days it seems that not a week goes by without another story in the media about the incredible regenerative power of adult stem cells. And it isn't surprising, because the global scientific community has recognised the potential for this completely holistic style of medicine – where the body is enabled to repair itself. Development could make a dramatic change to the degenerative disease burden of cancer, diabetes, cardiovascular diseases, Parkinson's and many, many more.

In April 2012, www.clinicaltrials.gov listed no less than 3,739 current studies on stem cell therapies.

Evidence now shows that stem cells are found in the umbilical cord, umbilical blood, bone marrow and the teeth – which contain more stem cells than some other sources and are by far the most natural, non-invasive

source of stem cells. It was just nine years ago that a US researcher discovered that there were stem cells in dental pulp. These are special cells, which do not provoke immune reactions. These cells are capable of changing into different tissues such as bone, cartilage, nerve tissue and muscle.

continued overleaf...

Lorraine's Top Five Tips For A Healthy Mouth

1. Brush twice daily with a fluoride toothpaste but **DO NOT RINSE!!**
2. Clean between your teeth with tooth pick, floss or little brushes once a day to remove debris your toothbrush does not reach. (30-40% is left in gaps)
3. Stop Smoking.... Lots of help available! You are 2 times more likely to lose your teeth if you smoke and 6 times more likely to develop gum disease.
4. Do not snack on sugary foods, fizzy drinks or fruit juices in between meals. These can increase risk of high levels of tooth decay. This includes sugary Tea and Coffee.
5. Chew sugar free chewing gum after meals and drink lots of water during the day.



System for straightening Front Teeth without Fixed Braces



Continued from front page...

This potential for change and growth makes them useful in a wide range of therapies.

For parents, today's opportunity to store their children's stem cells from umbilical cord or cord blood at birth offers a unique 'health insurance promise' for the child. In the event of serious illness in the future, treatments using one's own stored stem cells obviate the need for donor matching and rejection.

For parents who may have missed this opportunity at birth, the ability to extract the same stem cells from the pulp of deciduous teeth, teeth removed for orthodontic purposes or from extracted wisdom teeth, offers an important second chance. These cells can now be stored by special freezing methods. Please contact us for further details.

www.precious-cells.com



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Your Teeth Should Always Be A Reason To Smile

Valplast® Flexible Partial dentures are the comfortable and affordable choice. Flexibility, combined with strength and light weight provides total comfort and great looks for any dental patient.

Valplast® Flexible Partial dentures come with a lifetime guarantee against breakage and fracture, giving you comfort in knowing that your dental restoration is built to last.

The warranty will go into effect when you register the serial number that comes when you receive your denture. This can be done at www.valplast.com. The warranty covers the pink



part of the denture but not wear to the teeth. It also requires you to clean with Valplast cleaning products only. These are available at the practice or through the Valplast website.

Removable partial dentures are custom-made appliances that are generally affordable and require only a short time to make.

In the past, removable partial dentures were only made with metal alloys and acrylic resins. Today Valplast® is available to provide patients with comfortable, lightweight and metal free partial dentures.

Valplast® partials are also highly aesthetic and virtually invisible so nobody has to know that you are missing any of your natural teeth.

Brucegate Dental Practice sponsors Berwick Rugby Club under 16s



Under 16 rugby team with their new kit sponsored by Brucegate Dental Practice

"Good luck to Berwick Rugby Club this season. Hope the shirts make you run faster. From all at Brucegate Dental Practice."

Brucegate Dental Practice is very proud to sponsor the local under 16 rugby team. Sarah Swales (pictured above) with the squad showing off their new kit.

Keep track of Berwick this season on their website:

www.pitchero.com/clubs/berwick/

www.brucegatedentalpractice.co.uk



BRUCEGATE
DENTAL PRACTICE

Toothbrush Amnesty

Clinical studies have shown;

- H Replacing your toothbrush every 3 months can reduce the number of bacteria you are exposed to
- H Splayed bristles from a worn toothbrush can cause trauma to the gums and infections such as ulceration.
- H Children's toothbrushes should be replaced more often due to increased wear on the bristles.

To encourage this Brucegate Dental Practice will be running a toothbrush amnesty. This means as a patient with us;

If you bring in your old toothbrush we will swap it for a new one.

Free of charge*



* Limited to 1 toothbrush per patient every 3 months.

WE ARE CURRENTLY TAKING ON NEW PATIENTS

For an initial consultation ring
01289 306084

A routine examination currently costs £27.00 and a cosmetic consultation costs £65.00.